

September 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Labor Day	2	3	4 NAMI's annual <i>Inspiring Hope Through Research</i> event	5	6
7	8 <u>988 Day</u>	9	10 World Suicide Prevention Day	11 Ask the Expert	12	13 Positive Thinking Day
14	15	16 International Youth Day	17 Physician Suicide Prevention Awareness Day	18	19	20
21	22	23	24	25	26 Law Enforcement Suicide Awareness Day	27
28	29 World Heart Day	30				
	National Construction Appreciation Week 9/15—9/19					
	Hispanic Heritage Month 9/15—10/15					



■ **Suicide Prevention Awareness Month**

- Suicide Prevention Awareness Month page ([Partner toolkit available here](#))
- NAMI HelpLine Knowledge Article: [Risk of Suicide](#)
- NAMI HelpLine Knowledge Article: [988: Reimagining Crisis Response](#)

■ **National Recovery Month**

- NAMI HelpLine Knowledge Article: How can I get help/support for substance use disorder?
[English](#) | [Español](#)
- [Substance Use Disorders](#)

■ **National Hispanic Heritage Month (9/15-10/15)**

- [Hispanic/Latinx Identity and Culture](#)
- [Compartiendo Esperanza: Community conversations](#)
- NAMI HelpLine Knowledge Article: Are there any mental health resources specifically for the Hispanic/Latinx community?
[English](#) | [Español](#)

■ **NAMIWalks Fall**

- [NAMIWalks](#)

■ **9/1 - Labor Day**

- [NAMI StigmaFree Workplace Guides](#)

■ **9/4 - NAMI's annual *Inspiring Hope Through Research* event (RSVP [here](#))**

■ **9/10 - World Suicide Prevention Day**

- NAMI HelpLine Knowledge Article: My loved one is having suicidal thoughts. What can I do?
[English](#) | [Español](#)
- NAMI HelpLine Knowledge Article: I'm having suicidal thoughts and need help.
[English](#) | [Español](#)

■ **9/11 - Ask the Expert**

■ **9/13 - Positive Thinking Day**

- NAMI HelpLine Knowledge Article: [I need some positivity right now. Where can I find stories of other people like me living well with a mental health condition?](#)

■ **9/15 to 9/19 - National Construction Appreciation Week**

- [Toolbox Talks for Mental Health](#)

■ **9/17 – Physician Suicide Prevention Awareness Day**

- [Resources for Frontline Professionals](#)
- NAMI HelpLine Knowledge Article: [Where can I find mental health resources and support for healthcare workers?](#)

■ **9/26 - Law Enforcement Suicide Awareness Day**

- [Resources for Public Safety Professionals](#)
- NAMI Knowledge Article: [Where can I find mental health resources and support for first responders?](#)

■ **9/29 - World Heart Day**

- [NAMI Hearts+Minds](#)

September is Suicide Prevention Awareness Month
and National Recovery Month