

August

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------------------|--------|----------------------------------|---------------------|---------------------------------------|--------|---|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 International Day of the World's Indigenous People |
| | | National Health Center Week | | | | |
| 10 | 11 | 12 International Youth Day | 13 | 14 | 15 | 16 |
| | | | Safe + Sound Week | | | |
| 17 National Nonprofit Day | 18 | 19 | 20 | 21 National Senior Citizens Day | 22 | 23 |
| 24 | 25 | 26 | 27 LinkedIn Live | 28 | 29 | 30 National Grief Awareness Day |
| 31 | | | | | | |

August

■ **Back to School Resources**

■ **8/3–8/9 – National Health Center Week**

- [Resources for Frontline Professionals: NAMI Frontline Wellness and Health Care Professionals](#)

■ **8/9 – International Day of the World's Indigenous People**

- [Identity & Cultural Dimensions – Indigenous](#)
- [Q&A: Mechelle Negrete on NAMI's New Mental Health Initiative for Native Communities](#)

■ **8/11–8/17 – Safe + Sound Week**

■ **8/12 – International Youth Day**

- [Info for Kids, Teens, and Young Adults](#)
- [Resources and Tools for Youth, Parents/ Caregivers, and Educators](#)
- [Meet Little Monster Coloring and Activity Book](#)
- [NAMI Ending the Silence](#)
- [NAMI HelpLine Knowledge Article: My teenager is acting differently. Could it be the beginning of mental illness?](#)
[English](#) | [Español](#)
- [NAMI Basics](#): Free education program available in-person or on-demand
- [NAMI Teen & Young Adult Helpline](#)
- [You Are Not Alone for Parents and Caregivers book](#)

■ **8/17 – National Nonprofit Day**

- [Welcome to NAMI](#)

■ **8/21 – National Senior Citizens Day**

- [NAMI HelpLine Knowledge Base: Older Adults category](#)

■ **8/27 – LinkedIn Live**

■ **8/30 – National Grief Awareness Day**

- [NAMI HelpLine Knowledge Article: I lost a loved one recently and need help learning to cope. Where can I find a grief support group?](#)
- [NAMI Blogs on Grief](#)
- [Supporting Your Mental Health After Trauma](#)

NAMI Back to School Resources